

WHAT IS CLAIMED IS:

1. A communications terminal capable of communicating with a server via a network, said communications terminal

comprising:

*Program such as email software*  
an application executing unit for executing an application;  
5

*CLIENT*  
a retrieval requesting unit for making, before or after the application is activated, a retrieval request to the server for retrieving an instruction file that describes an instruction for transmitting to said server all or part of data generated as  
10 a result of executing said application; and

*Process*  
a transmission processing unit for carrying out transmission to said server after said application is executed, by following the instruction described in said instruction file transmitted from said server in response to said retrieval  
15 request.

2. The communications terminal according to claim 1, wherein

said application executing unit starts executing said application upon receipt of said instruction file transmitted  
5 from said server in response to said retrieval request.

3. The communications terminal according to claim 1,

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wherein

said retrieval requesting unit makes the retrieval request by specifying said instruction file stored in said server  
5 with a Web browser.

4. The communications terminal according to claim 1,  
wherein

said instruction file includes transmission information specifying data for specifying transmission data to  
5 be transmitted to said server, and

said transmission processing unit includes:

a transmission data determining unit for determining, based on said transmission information specifying data, said transmission data to be transmitted to said server from  
10 among said generated data; and

a transmitting unit for transmitting said transmission data to said server.

5. The communications terminal according to claim 1,  
wherein

said instruction file includes transmission format specifying data for specifying a format used for transmitting  
5 transmission data to be transmitted to said server, and

said transmission processing unit includes:

a transmission format determining unit for

determining a transmission format of said transmission data based on said transmission format specifying data; and

10           a transmitting unit for transmitting said transmission data in said transmission format determined by said transmission format determining unit.

6. The communications terminal according to claim 1, wherein

5           said instruction file includes destination server specifying data for specifying a destination server in said transmission, and

          said transmission processing unit carries out said transmission to the destination server specified by said destination server specifying data.

7. A computer program embodied on a computer readable medium, said computer program for use in a communications terminal capable of communicating with a server via a network, said computer program comprising the steps of:

5           executing an application;

          making, before or after said application is activated, a retrieval request to the server for retrieving an instruction file that describes an instruction for transmitting to said server all or part of data generated as a result of executing said application; and

10

carrying out transmission processing to said server after said application is executed, by following the instruction described in said instruction file transmitted from said server in response to said retrieval request.

8. The data transmission program according to claim 7, wherein

in said application executing step, said application is started to be executed upon receipt of said instruction file transmitted from said server in response to said retrieval request.

9. The data transmission program according to claim 7, wherein

in said retrieval request making step, the retrieval request is made by specifying said instruction file stored in said server with a Web browser.

10. The data transmission program according to claim 7, wherein

said instruction file includes transmission information specifying data for specifying transmission data to be transmitted to said server, and

said transmission processing step includes:

a step of determining, based on said transmission

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information specifying data, said transmission data to be transmitted to said server from among said generated data; and

10                   a step of transmitting said transmission data to said server.

11. The data transmission program according to claim 7, wherein

5                   said instruction file includes transmission format specifying data for specifying a format used for transmitting transmission data to be transmitted to said server, and

                  said transmission processing step includes:

                  a step of determining a transmission format of said transmission data based on said transmission format specifying data; and

10                   a step of transmitting said transmission data in said transmission format determined by said transmission format determining unit.

12. The data transmission program according to claim 7, wherein

5                   said instruction file includes destination server specifying data for specifying a destination server in said transmission, and

                  said transmission processing unit carries out said transmission to the destination server specified by said

destination server specifying data.

13. A communications system including a communications terminal capable of transmitting data generated as a result of executing an application and a server capable of communicating with the communications terminal via a network,

5 said server comprising:

an instruction file storage unit for storing an instruction file that describes an instruction for transmitting all or part of said generated data; and

an instruction file transmitting unit for  
10 transmitting the instruction file in response to a retrieval request from said communications terminal for retrieving said instruction file, and

said communications terminal comprising:

an application executing unit for executing said  
15 application;

a retrieval requesting unit for making, before or after the application is activated, a retrieval request to the server for retrieving an instruction file that describes an instruction for transmitting to said server all or part of data  
20 generated as a result of executing said application; and

a transmission processing unit for carrying out transmission to said server after said application is executed, by following the instruction described in said instruction file

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transmitted from said server in response to said retrieval  
25 request.

14. A data transmission method used in a network  
including a communications terminal capable of transmitting data  
generated as a result of executing an application and a server  
capable of communicating with the communications terminal via the  
5 network, wherein

an instruction file that describes an instruction for  
transmitting all or part of said generated data from said  
communications terminal is stored in advance, and

said method comprises:

10 a step of executing an application;

a step of making, before or after said application  
is activated, a retrieval request to the server for retrieving  
an instruction file that describes an instruction for  
transmitting to said server all or part of data generated as a  
15 result of executing said application;

a step of transmitting, in response to said retrieval  
request, an instruction file previously stored in said server to  
the communications terminal that made the retrieval request; and

a step of carrying out transmission to said server  
20 after said application is executed, by following the instruction  
described in said instruction file transmitted from said server  
in response to said retrieval request.